

Friday, 26 February 2021

**Festival HQ is Bright Community Centre,
1 Railway Parade
(close to town centre)**

1:00 PM
Registration Opens 1 pm

1:30 PM

SCHEDULE KEY

Adventure activities at various locations

Open access no booking required if purchased weekend pass

Workshops at the Community Centre beneath the trees

Essential Attendance

Paragliding Offer

10% discount off any service just for festival goers **all weekend.**

Book directly with **Active Flight**

<http://www.activeflight.com.au>

They can accommodate you all day weather depending throughout the festival.

2:00 PM

2:30 PM

**How the grind grips you
by the founder, Dr. Eibhlin Fletcher and
Festival Ambassadors**

3:00 PM

3:30 PM

Bernadette Dornom
Befriending Fear

4:00 PM

4:30 PM

Help with decision making
\$60 - 15 people
Trudy Rankin

5:00 PM

5:30 PM

Erika & Michele
Confidence & Cash | Six Park
great precursor to their workshop

6:00 PM

6:30 PM

Sarah Brindley
11,000 km in South America

7:00 PM

7:30 PM

Simone Cariss
Accidental Warrior

MOUNTAIN BIKING Introduction

\$65 + hire if required

Activity Start 5:00 pm
Activity Finish 7:30 pm
Return 7.30 pm

10 people

Meet at Cyclepath, Bright

CREVASSING

\$110 - 11 people

Depart Bright 3:00 pm
Activity Start 4.00 pm

Activity Finish 6.30 pm
Return Bright 7.30 pm

Drive time 60 mins each way
Bright to Mt Buffalo Viewing Car Park

Adventure Guides Australia

Meet at Mt Buffalo lookout car park,
Mt Buffalo (near chalet)

VERTICAL CHALLENGE & FREEFALL SLIDE

\$65 - 20 people

Depart Bright 3:00 pm
Activity Start 3:30 pm
Activity Finish 5:00 pm
Return Bright 5:30 pm

Drive time 25 mins each way
Bright to **Valley Homestead**
5537 Great Alpine Road, Ovens

The curious thing about strengths

\$60 - 12 people

Laurice Temple & Ros Duck
Ripple Affect Institute

Grab your picnic blankets, campchairs, and snacks for the mo

8:00 PM

REGISTRATION moves to Howitt Park

No wrist band, No waiver, No activities

8:30 PM

9:00 PM

OPEN AIR CINEMA

Howitt Park

(behind Bright Brewery)

Start time 9:00 pm
Finish time 10:30 pm

10:00 PM

Adventure Travel Film Festival Specials (no booking required)
BYO Picnic, blankets/seating

Saturday, 27 February 2021 Festival HQ is the Bright Community Centre, 1 Railway Parade, Bright

REGISTRATION OPENS 6:30 AM to 8:30 AM						
Collect your wrist band and sign the waiver						
7:00 AM	ABSEILING \$110 - 12 people Depart Bright 7:15 am Activity Start 8:15 am Activity Finish 10:45 am Return Bright 11:45 am Drive time 60 mins each way Bright to Mt Buffalo Viewing Car Park Adventure Guides Australia Meet at Mt Buffalo (Chalet) Viewing Car Park		BUFFALO HIKE \$65 - 24 people Depart Bright 7:30 am Start 8.30 am Finish 10.30 Return Bright 11:30 am 12 people Led by Jeannette McGill & Eibhlin Fletcher Includes talk on gear, attitude, preparation for hikes Meet at Mt Buffalo (Chalet) Viewing Car Park	Paragliding Offer 10% discount off any service just for festival goers all weekend. Book directly with Active Flight http://www.activeflight.com.au They can accommodate you all day weather depending throughout the festival.	7:00 AM	
7:30 AM					7:30 AM	
8:00 AM					8:00 AM	
8:30 AM		FLYING FOX & POWER POLE \$65 - 36 people Depart Bright 8:00 am Activity Start 8:30 am Activity Finish 10:00 am Return Bright 10:30 am Drive time 25 mins each way Bright to Valley Homestead 5537 Great Alpine Road, Ovens				8:30 AM
9:00 AM						9:00 AM
9:30 AM						9:30 AM
10:00 AM						10:00 AM
10:30 AM						10:30 AM
11:00 AM						11:00 AM
11:30 PM						11:30 PM
12:00 PM	REGISTRATION OPENS 12:00 noon Collect your wrist band & sign your waiver		BRIGHT COMMUNITY CENTRE		12:00 PM	
12:30 PM	Bernadette Dornom Befriending Fear	<u>Who is your champion?</u> \$75 - 12 people Sharon Crain Open Door Recruitment & Development	<u>Financial superwoman</u> \$75 - 12 people Erica & Michele Six Park	<u>Increase your impact as leader</u> \$75 - 15 people Michael Bartura	12:30 PM	
1:00 PM						
1:30 PM	Kitchen table chat Eibhlin & Other Facilitators	<u>Uncover your super powers</u> \$75 - 15 people Thelmas Vlamis	<u>Psychological safety</u> \$75 - 15 people Laurice Temple & Nicole Jordan Ripple Affect Institute	<u>Motivators and stress diagnostic</u> \$75 (+Report \$35 cash) - 15 people Dr. Eibhlin Fletcher <i>online assessment to complete prior to festival.</i>	1:30 PM	
2:00 PM						
2:30 PM	Sarah De Wolf Empty nest looming	<u>Mangaging your stress</u> \$75 - 12 people Michael Bartura Ripple Affect Institute	<u>Make your power smoothie</u> \$75 - 12 people Vicky Jamieson Better Body	<u>Who is your champion?</u> \$75 - 12 people Sharon Crain Open Door Recruitment & Development	2:30 PM	
3:00 PM						
3:30 PM	Simone Cariss Accidental Warrior				3:30 PM	
4:00 PM					4:00 PM	
4:30 PM	Erika & Michele Confidence & Cash Six Park				4:30 PM	
5:00 PM					5:00 PM	
5:30 PM					5:30 PM	
6:00 PM	REGISTRATION CLOSES 6:00 PM				6:00 PM	
6:30 PM					6:30 PM	
7:00 PM	Networking soiree Venue Bright Brewery Live Music by Sheoaks Pizza & Pot \$25 deal			SCHEDULE KEY		7:00 PM
7:30 PM				Adventure activities at various locations		7:30 PM
8:00 PM				Open access no booking required if purchased weekend pass		8:00 PM
8:30 PM				Workshops at the Community Centre beneath the trees		8:30 PM
9:00 PM				Essential Attendance		9:00 PM
9:30 PM						9:30 PM

Sunday, 28 February 2021

Festival HQ is the Bright Community Centre, 1 Railway Parade, Bright

7:00 am	Trail Run Bright Brewery, Gavan Street \$10, 15 people 7.15 am - 8.15 am				WHITE WATER KAYAKING \$110 - Strictly 11 people Depart Bright 7:00 am Activity Start 8:00 am Activity Finish 11:00 am Return 12 noon Adventure Guides Australia Meet at Mt Beauty Bakery in Mt Beauty town centre. Opens 6:30 am. Toilets nearby Car pooling preferable
7:30 AM			Registration opens 7:30 am - 9:30 am	BRIGHT HIKE \$65 - 15 people Meet Bright 7:30 am Return Bright 10:00 am Led by Jeannette McGill Includes talk on gear, attitude, preparation for hikes Meet at Bright Brewery Gavan Street entrance	
8:00 AM			BUFFALO HIKE		
8:30 AM	BOXING Alpine Fitness Centre \$15, 12 people Hawthorn Lane, 8:30 am. - 9:30 am		\$65 - 24 people Depart Bright 7:30 am Start 8.30 am Finish 10.30 Return Bright 11:30 am		
9:00 AM					
9:30 AM	YOGA Sommers Park, Bright 9:45 am - 10:45 am FREE	Kitchen table chat Eibhlin & Other Facilitators	12 people Led by Jeannette McGill & Eibhlin Fletcher		
10:00 AM					
10:30 AM	Grab some nutrition for the last few gigs of the festival				
11:00 AM	Anthi Emmanouil-Playne Walking to Wellbeing Founder 50days		Kitchen table chat Eibhlin & Other Facilitators	The curious thing about strengths \$60 - 12 people Laurice Temple & Ros Duck Ripple Affect Institute	
11:30 AM					
12:00 PM	Katrina Streatfeild The potency of sleep		Thinking of launching an online business? \$75 - 15 people Trudy Rankin West Island Digital	Supercharge your lifestyle \$75 - 15 people Vicky Jamieson Better Body	
12:30 pm					
1:00 PM	Amber Anderson The need for speed			Financial superwoman \$75 - 12 people Erica & Michele Six Park	
1:30 PM					
2:00 PM	Guided Goal Setting Session 2021 Eibhlin & Other Facilitators				
2:30 PM	Grand Prize Draw - if you're not present you can't collect your prize! Announcement of Festival Bravery Awards				
3:00 PM	Festival closes at 3:00 pm				